

## Placement Profile – Day Surgery Unit

Trust	University Hospitals Sussex Foundation NHS Trust – Southlands
Placement ID	
Placement Name	Day-surgery unit
Address	Southlands Hospital, Upper Shoreham Road, Shoreham, BN43 6TQ
Person in charge	
Student Contacts	Tracey Geralds <u>tracey.geralds@nhs.net</u> ext; 85955
Telephone	01903 205111 Ext :83426/83452
Type of placement	<ul> <li>The unit has capacity for 22 patients. All patients undergoing surgery under a general anaesthetic are pre-assessed by an RGN up to 8 weeks before hand. We do gynaecology, maxillary facial, general surgery, laparoscopic surgery, dental, orthopaedic, urology, lithotripsy, pain procedures and minor operations.</li> <li>Patients are admitted at 08.00hrs for morning surgery and 13.00hrs for afternoon surgery. The average length of stay is approximately 2 hours post operatively. The ward is open 5 days a week (Monday to Friday) from 07.30hrs to 20.00hrs (or when the last patient has left the unit). Occasionally, patients have to be transferred to a main ward if they are not fully recovered or have problems with haemorrhage, nausea or pain control.</li> </ul>
Shift patterns	07.30 - 20.00 hours
Specific requirements	Need to bring swipe card and uniform. Ring ward prior to allocation, at least 2 weeks in advance
University Placement Support	Chichester – <u>nursingplacements@chi.ac.uk</u> or contact Academic Assessor See MyPAD for email
Practice Education Placement Support team	uhsussex.nursingstudents@nhs.net
Philosophy	<ul> <li>Our aim on Day Surgery is to ensure that all patients will receive individual care. They will be our priority, have the right to absolute confidentiality, privacy and their dignity will be safeguarded at all times. It is our aim that every patient and their carer understand their treatment and care.</li> <li>All our patients will receive care in a friendly, non-judgmental and safe environment.</li> <li>Within the constraints of the department our patients will have the right to be involved in the timing of their admission.</li> </ul>



	<ul> <li>In partnership with professional nurses each patient will be encouraged and supported in taking responsibility for his/her own well-being and to be involved in planning their safe discharge home.</li> <li>Each member of staff will be encouraged to further his/her education and show commitment to their own professional development.</li> <li>Each member of staff will be encouraged to voice opinions and give suggestions to improve and enhance the quality of care received by the patient.</li> </ul>
Learning experiences	• All Students are encouraged to follow the patient pathway with several patients during their placement on DSU. We have found this to be a very effective learning tool. The students are encouraged to choose a patient and listen to their pre-assessment, make sure they are on duty on the day of surgery, take them to theatre and stay with them for their entire stay up until discharge.
Learning Outcomes	<ul> <li>Students should leave this placement confident in the safe preparation of patients for surgery.</li> <li>They will have developed their knowledge of many surgical procedures and have learned some very important skills in the recovery area.</li> <li>They will have cared for post-operative patients and understand the importance of post-operative observations.</li> <li>They will also be involved in the safe and timely discharge of patients from the unit to their home</li> </ul>
NMC documents	<ul> <li><u>NMC 2018 Professional standards of practice and behaviour for nurses, midwives and nursing associates</u></li> <li><u>NMC 2018 standards of proficiency for registered nurses</u></li> <li><u>NMC 2018 standards for student supervision and assessment</u></li> <li><u>NMC 2018 The Code</u></li> </ul>
Links and Spoke areas (Please write in here any areas that students can visit whilst on placement with you)	<ul> <li>Students are encouraged to work with other members of the multi- disciplinary team, including <ul> <li>Physiotherapists</li> <li>surgeons</li> <li>recovery specialist nurses</li> <li>pain specialists</li> <li>Worthing Main Theatres</li> </ul> </li> </ul>
Suggested Reading	<ol> <li>British Association of Day Surgery</li> <li>Journal of One Day Surgery</li> <li>Day Surgery Principles of Nursing Practice (1997) Heather Cahill and Ian Jackson Bailliere Tindall</li> </ol>



	<ol> <li>AFPP Website (Association for Peri-operative Practice) https://www.afpp.org.uk/home</li> <li>https://www.gov.uk/government/collections/wuhan-novel- coronavirus</li> </ol>
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