

Placement Profile – Newick Ward

Trust	University Hospitals Sussex Foundation NHS Trust – Princess Royal Hospital
Placement ID	
Placement Name	Newick Ward (Sussex Orthopaedic NHS Treatment Centre)
Address	Lewes Road Haywards Heath West Sussex RH16 4EX
Person in charge	Sarah Francis – Ward Manager
Student Contacts	Either Sarah Francis sarah.francis7@nhs.net or Lesley Jefferies (Practice Educator) Lesley.Jefferies@nhs.net
Telephone	01444 441881
Type of placement	The Sussex Orthopaedic NHS Treatment Centre is a purpose-built unit offering a wide range of orthopaedic services. It is situated in the grounds of Princess Royal Hospital, close to Haywards Heath town centre and is accessible by bus, car and train. The ward area has 31 beds for in patient care and 4 high dependency beds. The patients undergo a range of orthopaedic surgical interventions including surgery to shoulders, hand, hips, knees and feet. Students may also have the opportunity to attend Albourne Ward and Fracture Clinic at Princess Royal Hospital
Shift patterns	<ul style="list-style-type: none"> • 07.30 20.00 Day Shift • 19.30 08.00 Night Shift • Most staff work 12.5-hour shifts, students will not be expected to work long days but to negotiate their placement hours with their practice supervisors
Specific requirements	<ul style="list-style-type: none"> • Need to bring swipe card and uniform • Students must phone the ward 2 weeks prior to their placement starting to confirm their attendance. • Refreshments are available on site. Food is not provided and you will need to take a packed lunch.
University Placement Support	Chichester – nursingplacements@chi.ac.uk or contact Academic Assessor See MyPAD for email
Practice Education Placement Support team	uhsussex.pefteam@nhs.net
Philosophy	<i>'a new knee, a new you'.</i> We follow the principles of enhanced recovery, enabling a timely discharge whilst ensuring the needs of individual patients are met. On Newick, we have an established multidisciplinary team of nurses, physios, occupational

	<p>therapists and doctors. Patients and their relatives/carers are encouraged to be actively involved in their care</p>
<p>Learning experiences</p>	<p>Patients are admitted directly to the ward from theatre. There will be opportunity to follow the patient journey gain experience in other areas. Learning opportunities and learning objectives include:</p> <ul style="list-style-type: none"> • Orthopaedic post-operative care • Wound care • Administration of medication • Pain control including use of epidural and patient controlled analgesia • Essential nursing care • Team nursing • Observations • Rehabilitation • Discharge
<p>Learning Outcomes</p>	<ul style="list-style-type: none"> • Gain an understanding of orthopaedic nursing and post-operative care • Practise using tools for Discharge planning as per trust policy • Develop knowledge in post-operative wound care • Observe Enhanced Recovery in orthopaedic post-operative nursing care. • Demonstrate knowledge on assessing pain • Develop knowledge in Pain management in care of post-operative patients • Recognise importance of careful planning for care for the patient at high anaesthetic risk
<p>NMC documents</p>	<ul style="list-style-type: none"> • NMC 2018 Professional standards of practice and behaviour for nurses, midwives and nursing associates • NMC 2018 standards of proficiency for registered nurses • NMC 2018 standards for student supervision and assessment • NMC 2018 The Code
<p>Links and Spoke areas (Please write in here any areas that students can visit whilst on placement with you)</p>	<ul style="list-style-type: none"> • Pre assessment • Post Anaesthetic Care Unit • Outpatients • Physiotherapy • Occupational Therapy • Medical teams • Princess Royal Hospital • Occupational therapy • wheretogofor.co.uk gives information on details of projects and services in Brighton and Hove which are useful for young people aged 16-25. You may wish to consider contacting a project or service to arrange a spoke experience
<p>Suggested Reading</p>	<p>1. British Orthopaedic Association</p>

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| | <ol style="list-style-type: none">2. Jester, R., Santy, J. and Rogers, J. (2011) Oxford handbook of orthopaedic and trauma nursing. Oxford: Oxford University Press.3. Kneale, J. D. and Davis, P. S. (2005) Orthopaedic and trauma nursing. 2nd ed. Edinburgh: Churchill Livingstone.4. Student induction pack |
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