

## Part 1 Proficiencies

Participates in assessing needs and planning person-centred care					
Demonstrate and apply knowledge of commonly encountered presentations to inform a holistic nursing assessment including physical, psychological and socio-cultural needs	Demonstrates understanding of a person's age and development in undertaking an accurate nursing assessment.	Accurately processes all information gathered during the assessment process to identify needs for fundamental nursing care and develop and document person-centred care plans.			
Participates in providing and evaluating person-centred care					
Work in partnership with people, families, and carers to encourage shared decision-making to manage their own care when appropriate	Demonstrates an understanding of the importance of therapeutic relationships in providing an appropriate level of care to support people with mental health, behavioural, cognitive, and learning challenges	Provides person-centred care to people experiencing symptoms such as anxiety, confusion, pain, and breathlessness using verbal and non-verbal communication and appropriate use of open and closed questioning.	Takes appropriate action in responding promptly to signs of deterioration or distress considering mental, physical, cognitive, and behavioural health.	Assesses comfort levels, rest and sleep patterns demonstrating understanding of the specific needs of the person being cared for.	Maintains privacy and dignity in implementing care to promote rest, sleep, and comfort and encourages independence where appropriate.
Assesses skin and hygiene status and determines the need for intervention, making sure that the individual remains as independent as possible.	Assists with washing, bathing, shaving and dressing and uses appropriate bed making techniques.	Supports people with their diet and nutritional needs, taking cultural practices into account and uses appropriate aids to assist when needed.	Can explain the signs and symptoms of dehydration or fluid retention and accurately records fluid intake and output.	Assists with toileting, maintaining dignity and privacy and managing the use of appropriate aids including pans, bottles, and commodes.	Selects and uses continence and feminine hygiene products, for example, pads, sheaths, and appliances as appropriate.
Assesses the need for support in caring for people with reduced mobility and demonstrates understanding of the level of intervention needed to maintain safety and promote independence.					

Participates in procedures for the planning, provision, and management of person-centred care					
Uses a range of appropriate moving and handling techniques and equipment to support people with impaired mobility	Consistently utilises evidence – based hand washing techniques.	Identifies potential infection risks and responds appropriately using best practice guidelines and utilises personal protection equipment appropriately	Demonstrates understanding of safe decontamination and safe disposal of waste, laundry, and sharps.	Effectively uses manual techniques and electronic devices to take, record and interpret vital signs, and escalate as appropriate.	Accurately measure weight and height, calculate body mass index, and recognise healthy ranges and clinical significance of low/high readings.
Collect and observe sputum, urine, and stool specimens, undertaking routine analysis and interpreting findings.					
Participates in improving safety and quality of person-centred care					
Accurately undertakes person centred risk assessments proactively using a range of evidence based assessment and improvement tools.	Applies the principles of health and safety regulations to maintain safe work and care environments and proactively responds to potential hazards.	Demonstrate an understanding of the principles of partnership, collaboration and multi-agency working across all sectors of health and social care.	Understand the principles and processes involved in supporting people and families so that they can maintain their independence as much as possible.	Provides accurate, clear, verbal, digital or written information when handing over care responsibilities to others.	