

## Welcome to St Wilfrids Hospice

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### Placement Name, St Wilfrids Hospice Inpatient Unit and Community Placements

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#### Contact details

##### Inpatient Unit

Linda Field, Clinical Lead Inpatient Unit

[Linda.field@stwh.co.uk](mailto:Linda.field@stwh.co.uk)

01243 755823

Ward Clerk team for messages

[Ward.office@swth.co.uk](mailto:Ward.office@swth.co.uk)

01243 755302

##### Community Team

Nicola Hughes, Clinical Lead Community Services

01243 755302 ask for extension 1288

Clinical Admin team for messages

[clinicaladminteam@stwh.co.uk](mailto:clinicaladminteam@stwh.co.uk)

01243 755813

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#### Placement details

St Wilfrid's Hospice

Walton Lane

Bosham

West Sussex PO18 8QB

Tel: (01243) 775302

Website: [www.stwh.co.uk](http://www.stwh.co.uk)

We hope that you enjoy your placement here and find it a valuable learning experience.

During the current pandemic and in line with good infection control practice, **please arrive dressed in your own clothes**, to get changed in the hospice, this will be discussed with you prior to your placement here- and report to the ward reception.

##### **Inpatient Unit**

##### Shift patterns and breaks

Early shift	07:30 – 15:30 hrs
Late shift	13:00 – 20:45 hrs
Long day	07:30 – 20:45 hrs
Night shift	20:15 – 07:45 hrs

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## Community Teams

### Hospice at Home

Early shift 08:30 –16:30 hrs

Late shift 13:30- 21:00hrs

### Clinical Nurse Specialists

Day shifts 09:00-17:00 hrs

As part of your preplacement discussion you will have discussed shifts. If you wish to change shifts in advance please speak to your mentor or if unavailable, to the nurse in charge on that day.

If you are unable to work a shift due to sickness or unexpected circumstances, as well as informing the university, please contact the hospice teams by telephone and inform the nurse in charge.

**We ask that you give us your telephone contact details as part of the pre-placement discussion.**

### Covid testing

As part of your placement we request that you complete a weekly PCR test and 3 Lateral flow tests each week. We will provide you with test kits.

### Lockers

You will also be given a key for a locker but this will be on a daily basis to be shared with other users.

### Breaks

Coffee and tea are provided for staff in staff room

Morning coffee breaks 15 minutes for early and long day

Lunch break 30 minutes (60 minutes for long day)

Afternoon tea break 15 minutes (Long day only)

Supper break 30 minutes

Lunch time food available to purchase

Supper time, food available to buy, to order by 3pm:

Electronic payment needed.

There is a staff room with fridge for storage of own food.

Also available to buy, snacks and hot drinks from our hospice café in main reception.  
– Friday 1130-1400

Open Monday

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## Placement philosophy

Welcome to St Wilfrids Hospice:

We specialize in palliative care, supporting patients and their loved ones in the community and in our 14 bedded ward.

What is palliative care?

‘Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual’

*WHO publication (2002) National Cancer Control Programmes, Policies and Managerial Guidelines, 2<sup>nd</sup> edition.*

Please review our website

<https://stwh.co.uk/about-us/what-is-palliative-care/>

## Learning opportunities and experiences

There are many learning opportunities available at St Wilfrid’s including complex symptom control for patients with a palliative diagnosis, opportunities to provide excellent end of life care. In addition, an opportunity to explore and develop advanced communication skills, understanding what really matters to patients and their families at this important time.

At least a third of our patients are discharged from the ward, so understanding the challenges of complex discharge planning, is something that students can understand in more depth.

We also care for patients in their own homes, with the Clinical Nurse Specialists supporting patients from their referral to the Hospice, throughout their disease trajectory.

The Hospice at Home team provide personal care and symptom control to patients at the end of their life to enable them to be in their own homes.

There are also opportunities to spend time with other members of the Multi-disciplinary teams including the Family Support team and Rehabilitation team.

If your placement is on the ward, you will also be able to spend time with the Hospice at Home team and / or the Clinical Nurse Specialists who support patients and their families in the Community.

If your placement is with the Community Teams you will have the opportunity to spend time on the ward.

If you have any concerns during your placement, including patient care or safeguarding issues, please speak to your Practice Assessor, or one of the Senior Nurses in the Ward or Community team and let your university tutor know.

## Welcome pack and essential reading

[https://acpopc.csp.org.uk/system/files/documents/2021-05/FINAL\\_Ambitions-for-Palliative-and-End-of-Life-Care\\_2nd\\_edition.pdf](https://acpopc.csp.org.uk/system/files/documents/2021-05/FINAL_Ambitions-for-Palliative-and-End-of-Life-Care_2nd_edition.pdf)

<https://www.stch.org.uk/student-nurse/>

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(This describes a student nurses experience at St Catherine's Hospice in 2015- and reflects the experience that we also aim to provide for student nurses)

### **Location map and travel requirements**

St Wilfrid's Hospice  
Walton Lane  
Bosham  
West Sussex PO18 8QB  
Tel: (01243) 775302  
Website: [www.stwh.co.uk](http://www.stwh.co.uk)

### **Transport links and Parking**

There is on site staff parking, entry via the barrier.

Please park in visitors' car park on the first day.

You will be given a swipe card by the ward clerk/clinical admin team that needs to be signed for, this will give you access to the car park, the building, and some rooms within the hospice. We ask that the card be returned at the end of your placement.

The train station is nearby and there is a bus stop outside.

**If your placement is with the Community team, you will need to be a car driver wherever possible as at this time (March 2022), car sharing is not permitted.**